# STEPS

For the workplace



Math Plus Tutors offers STEPS for the workplace; a new program for young adults with special-needs looking to join the workforce. STEPS for the workplace empowers participants to upgrade their literacy, communication, social, and life skills to meet employers' expectations. STEPS for the workplace is offered five days a week (9am-3pm) for a period 2-3weeks (depending on the need). Participants will spend the first half of the day working on their literacy and social skills. The second half will be dedicated to meaningful activities to practice and promote life skills and positive social interaction in the workplace.

Literacy Skills	Social Skills
<ul> <li><i>English;</i> Reading, writing, reading comprehension, reading maps and directions, leisure reading <i>Math;</i> Math for daily living, money math and making a budget.</li> <li><i>Computer;</i> computer literacy, safely surf the internet, create a personal e-mail, safe use of social media, research information.</li> </ul>	<i>Social skills offered will be age appropriate</i> , such as interpreting feelings and emotions, role play, taking turns, make a friend, keep a friend, positive thinking, self-advocacy, self-esteem, deal with peer pressure, deal with changes, develop goals, develop plans to face challenges, and communicate with others effectively.

Life Skills: Working towards independence, personal hygiene, healthy eating, learn better work habits, learn from mistakes, appreciate others, learn patience, ask for directions, follow directions, initiate conversation, respond to a conversation, make a phone call, ride a public transit bus,

#### About Us

Math Plus Tutors is Sarnia's premier tutoring service for high school, post secondary and special-needs students. We have a unique program for learners with special-needs of all ages. Our service is based on tailoring the program to fit the learners' needs and capitalize on their strengths. We have an exceptional team of highly qualified, experienced, and passionate professionals looking forward to make a difference in the lives of our clients.

#### Our goal

Empower young adults in Sarnia-Lambton community to aspire to their full potential by increasing their literacy, social, and life skills.

## Who can join STEPS?

All young adults looking for a positive way to increase their living skills set, engage in meaningful activities, and spend quality time with other friends working on promoting their independent living.

#### **Program Location**

Like all MPT programs, STEPS is offered on location at Math Plus Tutors offices (805 Christina St N., Point Edward). MPT is conveniently located just north of the 402 Christina St. exit at the south-west corner of Christina St. and Light St. intersection.

# How To Register

Call us to set up an appointment to fill the application form and conduct an initial assessment.

# Program Advantages

- Our instructors speak many languages including but not limited to<sup>\*</sup>: Arabic, English, French, Hindi and Urdu
- Low instructor/participants ratio
- Small group setting and quiet environment
- Fully accessible location to all clients with diverse special-needs

 $\ast$  If your language of choice is not listed here, contact us and we'll strive to make it available to you.

## Program Fees

\$75 per day for group program. Fees are *Developmental Services Ontario Passport* funding eligible.

## **Other Available Services**

Math Plus Tutors offers One-on-one sessions for those interested in personal growth, literacy skills, individual education plans, resume development and job coaching, life skills' individual training and college prep programs. One-on-one fee is \$35 per hour with a minimum purchase of 100 hour block. For more information, Call 519-542-1999 or

Email: mathplustutors@gmail.com







MATH PLUS TUTORS

Contact Info Call: 519-542-1999 visit: www.mathplustutors.ca Email: mathplustutors@gmail.com Follow and Like us on

